



Volume 28 No. 2. Monday, April 26 to Friday, June 18, 2021.

Published before term, four times a year, by Forster-Tuncurry U3A, P.O. Box 4153, Forster, 2428.

ABN 28 191 516 496

Courses held at Cape Hawke Surf Lifesaving Club, One Mile Beach, Forster.

Supplied to Members as part of their membership fee. Available online at <http://forstuncurry.u3anet.org.au/>

Patron: Stephen Bromhead LLM MP

PRESIDENT'S REPORT:

I hope everyone is ready and keen to start Term 2, which will commence with Welcome Morning on Monday 26 April and continue for 8 weeks. During last Term it was great to meet and get to know many of our new members. I know you would have been made very welcome and I hope you are enjoying our U3A activities. Have a look at some of the photos we took last term (on Page 3) - lots of happy and friendly people learning and teaching together.

However, it is with great regret that the Committee has accepted the resignation of Trish, our amazing Course Coordinator, as she is moving away from the area and so won't be able to continue in the role. In typical fashion, she organised this Term 2 program well in advance and of course that was extremely helpful to the Committee, giving us a few weeks to get over the shock of losing her and to find someone else to fill the role. We will miss her expertise, organisational skills, good advice and her constantly happy manner. We wish her every happiness for the future.

The 2021 AGM for Forster Tuncurry U3A will be held at the very start of next term Welcome morning Term 3, Monday 19 July. Nomination forms for Committee positions will be available on our website. We will be talking to you about specific roles that need to be filled for 2021/2022 towards the end of this current term.

Please come along to as many sessions as possible this term – once again, Trish has organised an interesting and varied program of regular and one-off classes, and social activities to keep us busy and our minds engaged. Enjoy your U3A!

Jan W presftu3a@gmail.com

COURSE CO-ORDINATOR'S REPORT:

The bell sounds for round 2!

I know we all say how quickly the years go by, but it's hard to believe we are now in late April and the cold weather is getting closer.

I hope all our new members enjoyed their first term with us and that everyone is looking forward to social, active and educational experiences in this Autumn term. QR code sign and other COVID19 rules are second nature to us now, just part of life and not that difficult.

Again, I express my sincere gratitude to all who assist in the many roles needed to keep U3A vibrant and interesting. Volunteers are necessary to 'run the show'; without them we could not continue. So, don't be shy, step forward and help in any capacity you can.

This is an eight week term with a variety of classes and outings. I encourage you to come often, try something new and most importantly, smile.

It is with sadness I say farewell, I 'm moving from the area and so my role as your course coordinator comes to an early end. The new friendships I have made, I treasure and will take with me. It has been challenging, interesting and often very rewarding. I plan to be back from time to time, so it's

Bye for now. Thank you all.

Trish Van Eyk.

OUR FACEBOOK PAGE CAN BE FOUND:

<https://www.facebook.com/groups/415358092303407>

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FORSTER – TUNCURRY U3A COMMITTEE

President: Jan W
Vice President: Noline C
Secretary: Graeme M
Course Coordinator: Trish V E
Newsletter Editor: Shirley R
Membership Secretary and Treasurer:
Ann B
Welfare Officer: Noline C
Publicity Officer and Asst. Treasurer:
Judy J
Committee: Christine F
Committee: Barb L

WELCOME MORNING TEA

Monday April 26, 10 to 12 Noon

ENROLMENTS TO: -

NOLINE C

[Limited Numbers may attend]

ENROLMENT MORNING

NEW MEMBERS : Monday April 19, 10 -Noon

We are asking all members to make their 2021 membership payment (\$60 per person) directly to our bank account

FORSTER TUNCURRY U3A

BSB 062 669 ACC 10000980

This can be done:

Online, if you have an online banking account

By deposit made to our bank, Commonwealth Bank Forster Shopping Village

By transfer from your own bank to U3A account

PLEASE ENSURE YOUR NAME IS INDICATED IN THE REFERENCE BOX.

Your assistance in this regard would be much appreciated

NOTE: A printed copy of the Newsletter is available on Enrolment Day.

TERM 2 – CLASS ENROLMENT PROCEDURE

Class numbers are still limited at date of writing. ENROLMENT procedures will continue as for Term 1, 2021 with enrolments to be made to the CLASS ASSISTANT for the session you wish to attend, from 7 days prior to the class. APOLOGIES are necessary if you must cancel, to allow another member on the waiting list to take your place.

Remember to sign on with the QR code.

Thank you for your help and patience over the last few terms under the COVID19 regulations.

BOOK CLUBS:

Book Club 1 Helen B

2 Laurel H

3 Carole R

4 Joan S

3.

WHAT WE DID IN TERM 1



A visit to the S.E.S. Forster Pacific Palms facility proved very informative.



Nervous patient Trish awaits “Dr” Noonan’s explanation of her brain activity!!

A wonderful interactive session with Lyn and Mark



Ross Williams from the Art Gallery showing us his sculptures and other wonderful art.

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SPECIAL EVENTS: TERM 2

WALLIS LAKE LUNCHEON CRUISE Tuesday May 25, 11 to 2 Boat leaves at 11.30.

A lovely eco cruise of our picturesque Wallis Lake **with a two course – salad and dessert lunch.**

Numbers limited to the boat's capacity so remember to book and pay to U3A bank account by May 20. Our U3A will subsidise this event, which will reduce the cost for members to \$25.00 per person. Members only, and if there are places available after the final count, non members may be included at the full price of \$50 per person.



HIGH TEA at One Mile' on Thursday May 6.

Don your garden party outfit, bring your own very special cup, saucer and plate set and enjoy a great morning tea overlooking the ocean. A seated event with great food and even better company.

Don't forget to enrol at the appropriate time with the designated Class Assistant.



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REGULAR WEEKLY SESSIONS FOR TERM 2, 2021.

ALL COURSES HAVE RESTRICTED NUMBERS. Refer to Enrolment Procedures Page 2.

MONDAY:

U3A WRITERS. May 3 to June 14, 10 to 12.

Share your work, story, poem or memoir. Positive feedback encouraged.

TUTOR/ENROLMENTS: Chris B,

PUPPETS: April 26 to June 14

Much loved puppet shows, songs and dances to entertain and create. All welcome.

ENROLMENTS CLASS ASSIST: Noline C TUTOR: shared role

TUESDAY:

BALANCE AND BONES: April 27 to June 15, 8.45 - 9.30.

To be held downstairs, age related aerobic weights and balance (Limited Numbers).

TUTOR/ ENROLMENTS: Lorraine M.,

LET'S PLAY GAMES: April 27 to June 15, 1.30 – 3.30

Join a friendly group of “Gamers” the old way. Scrabble, Mah Jong, Rummycub and more.

TUTOR/ENROLMENTS: Helen B,

WEDNESDAY:

HISTORY: See separate Page 7. With limited numbers please note enrolment procedures and book through relevant Class Assistant for each session.

SQUARE DANCING: April 28 to June 16, 1 – 2.30

Recommences this term. Beginners welcome. **Contact: Warren H,**

EASY WALKER: April 28 to June 16, 12.30 - 2.00.

Local easy walks for exercise and pleasure; bring a hat, water and walking shoes.

See walk program. **Enrol on the day with leader Judy J, Carol T**

THURSDAY

U3A SINGERS: April 29 to June 17, 2 - 3.30

Geraldine conducts our singers with innovative ideas, always mindful of changing COVID19 regulations.

TUTOR: Geraldine M. ENROLMENTS/CLASS ASSISTANT: Anne K,

FRIDAY:

BALANCE AND BONES: April 30 to June 18, 8.45 – 9.30.

To be held downstairs. More gentle exercise to improve balance and maintain healthy bones. (Limited numbers).

TUTOR/ENROLMENTS: Sue B, .

WRITERS: April 30 to June 18, 12.30 - 2.30.

Let your imagination flow. Create a word picture to share.

TUTOR/ENROLMENTS: Eve B

MEDIA MATTERS: every two weeks April 30, May 14, 28 and June 10, 10 - 12.

Express your views on current events. Bring an article that captures your interest and discuss.

ENROLMENTS/CLASS ASSISTANT: Robyn H

PHILOSOPHY: every two weeks May 7 and 21, June 4 and 18, 10 to 12.

Philosophy, the love of wisdom. Solve life's problems with discussion and humour. Look at the teachings of philosophers.

ENROLMENTS/ CLASS ASSISTANT: Robyn H

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TUESDAY MORNING SESSION 2, 2021

ALL COURSES HAVE RESTRICTED NUMBERS. Refer to Enrolment Procedures Page 2.

ANZAC DAY MEMORIES: Tuesday April 27, 10 -12

Del Heuke will give us some real insights into this day we hold so dearly 'Lest we Forget'. This will be followed by a DVD "Sisters in Arms" to show the wonderful contributions made by our women.

TUTOR: Del H, ENROLMENT/CLASS ASSISTANT: Barb L, TECH: Carol Y

GREAT BARRIER REEF: Tuesday May 4, 10 -12

A UNESCO World Heritage Site and one of Australia's great natural wonders. We will explore its coral reefs and marvel at its wonders.

TUTOR: Helen B, ENROLMENT/CLASS ASSISTANT: Joan S, TECH: Tony B

FILM NOIR: Tuesday May 11, 10 – 12.

Film Noir is a movie genre or classification which, roughly translated means 'black cinema'. See pieces from black and white films made between 1944 and 1954. This will feature The Maltese Falcon, Laura, Casablanca and The Third Man, to name a few.

TUTOR: Geraldine M, ENROLMENT/CLASS ASSISTANT: Eunice C,

TECH: Helen B.

COLLECTORS: Tuesday May 18, 10 -12.

Guest speaker Rex Nicoll of Delinquent Funk Antiques, Wingham. Author of Antiques and Collectables column in the Manning Community Newspaper. Rex will be happy to give information and appraisals on items you wish to bring along.

TUTOR: Carole M, ENROLMENT/CLASS ASSISTANT: Noline C

WALLIS LAKE LUNCHEON CRUISE: Tuesday May 25, 11 to 2.

Subsidised by your U3A! An eco cruise on picturesque Wallis Lake with bird life, dolphin sightings and commentary. Along with a delicious lunch. **SEE NEWSLETTER PAGE4** for full details.

ENROLMENTS/CLASS ASSISTANT: Chris F

ART – CLAUDE MONET: Tuesday June 1, 10 -12.

Learn how Claude Monet created his famous paintings and of his life, loves and garden in Giverny, France. After morning tea watch an informative DVD.

TUTOR: Ulla AI, ENROLMENTS/Class Assistant: Shirley R,

TECHS: Peter A and Tony B.

PREDICTING and PREPARING for the FUTURE: Tuesday June 8, 10 – 12.

Is the "green solution" the right or appropriate way to face the challenge of "climate change?" What about other major challenges we (and our children) face? And what can we do about them? An interactive presentation.

TUTOR: John L, ENROLMENTS/Class Assistant: Dawn C, Tech: Ed H.

COLLECTORS: Tuesday June 15, 10- 12.

Fashion accessories and jewellery, handbags, hats, scarves, belts, gloves, watches, rings etc. Dig them out of your cupboards and bring them along to delight and stir memories of bygone fashions.

TUTOR: Carole M, ENROLMENTS/Class Assistant:Noline C

WEDNESDAY HISTORY SESSIONS, TERM 2, 2021

HISTORY COURSE CO-ORDINATOR – Lori P

All Courses restricted numbers. Refer to Enrolments Procedures Page 2.

SAVING THE MASTERPIECE: Wednesday April 28, 10 – 12.

The journey of the famous and most stolen art piece. (No! not the Mona Lisa)

TUTOR: Lori P, CLASS ASSISTANT: Joan S. TECH: Jaslie H.

PLANTS OF THE BIBLE: Wednesday May 5, 10 – 12.

Plants that were part of everyday life in the ancient lands of the Bible.

TUTOR: Chris B, CLASS ASSISTANT: Denise W, Tech: Lori P.

THE VOYAGEURS AND LOUIS RIEL: Wednesday May 12, 10 – 12.

French Canadian fur traders and the indigenous Metis people.

TUTOR: Denise W, CLASS ASSISTANT: Eunice C, TECH: Steve C.

COLOURS OF AUSTRALIA: Wednesday May 19, 10 -12.

Australian art from our discovery to the 21st Century

TUTOR: Carol A, CLASS ASSISTANT: Alison M, TECH: Denise W.

TASMANIA'S PENAL COLONIES: Wednesday May 26, 10 – 12.

The who, what, where, when and why of Van Diemen's Land penal colonies.

TUTOR and TECH: Helen B, CLASS ASSISTANT: Jill S.,

THE ASSASSINS: Wednesday June 2, 10 – 12.

A conspiracy turns to a historical murder.

TUTOR: Lori P, CLASS ASSISTANT: Jill S, TECH: Denise W.

EDWARDIAN CLOTHING: Wednesday June 9, 10 – 12.

History of Edwardian clothing – 1890s and 1914.

TUTOR: Chris B, CLASS ASSISTANT: Margo W, TECH: Denise W.

BLUE BLOODS and RIF-RAFF: Wednesday June 16, 10 – 12.

The diversity of free settlers to early Tasmania.

TUTOR: Jan P, CLASS ASSISTANT: Eunice C , TECH: Helen B.

THURSDAY MORNING SESSIONS, TERM 2, 2021.**All classes have limited numbers, please read enrolment procedures Page 2.****ARCHIE and MEHITABEL: Thursday April 29, 10 -12.**

Archie is a free verse (open form) poet. This form of poetry follows the rhythm of natural speech. Archie is a cockroach, living in New York in the 1920s with Mehitabel, an alley cat in its ninth life.

TUTOR: Graeme M, ENROLMENT/CLASS ASSISTANT: Judy J.**'HIGH TEA AT ONE MILE': Thursday May 6, 10 – 12.**

BYO Beautiful tea setting! Enjoy an elegantly seated morning tea while taking in the delightful view, delicious food and first class company! The Ritz - stand aside!

ENROLMENT/CLASS ASSISTANT: Jan W, or Judy**LOVE, MONEY AND NEW ORLEANS: Thursday May 13, 10 – 12.**

The resilient life of a Louisiana heiress and her New Orleans legacy.

TUTOR: Lori P, ENROLMENT/CLASS ASSISTANT: Linda M, TECH: Denise W.**T.E.D. TALKS. Thursday May 20, 10 – 12.**

Ideas worth spreading from many innovators in their chosen fields. An interesting and thought- provoking series of short sessions.

TUTOR: Jan W, ENROLMENT/CLASS ASSISTANT: Carole R.**MYALL LAKES HISTORY, WALK AND TALK: Thursday May 27, 10 – 1.30.**

Meet at 10 at Brambles Reserve (on left, just past Smiths Lake turnoff). Have morning tea here (BYO). Lunch at Neranie, bring a chair or blanket. Toilets are available and a mud map will be provided. If you prefer, have a lazy picnic while the hardy folk walk!

TUTOR: Keith B, ENROLMENT/CLASS ASSISTANT: Sue B.**WHEEL OF FORTUNE: Thursday June 3, 10 -12.**

DVD and talk by Carole on her experiences appearing on TV game show “Wheel of Fortune.” This will be followed by word puzzles in teams of three. PRIZES!! A fun morning and good brain exercise.

TUTOR: Carole M, ENROLMENTS/CLASS ASSISTANT/TECH: Helen B.**GEISHAS and all things JAPANESE: Thursday June 10, 10 – 12.**

Join us as we revisit our trips to Japan with all its wonders. Learn the truth about Geishas and their lives. A presentation and DVDs to entertain and educate.

TUTOR: Bob B ENROLMENTS/CLASS ASSISTANT: Carol T, TECH: Robyn B and Steve C.**WORLD CINEMA: “THE FENCER” Thursday June 17, 9.30 -12.****NOTE: MORNING TEA SERVED FIRST.**

Based on true events, a post war story of a young Estonian fencing master, Endel Nelis. Forced to serve in the German army in WW2, he teaches his students his great passion, fencing. The party – loyalist principal disapproves and Endel risks everything to avoid disappointing the children. In Finnish with English sub-titles.

TUTOR: Jan W, ENROLMENT/CLASS ASSISTANT: Ann B.